Cherished Gowns

**Volunteering role**: **Knit or crochet knitted or crochet hats, bootees, bonnets, and blankets**

**Info:** Cherished Gowns UK is a registered charity (1172482) that provide the families of babies that are stillborn, miscarried or pass away shortly after birth with items of clothing that they are able to be dressed in for their funeral. There is a short form to complete for volunteers, size guidelines to follow, patterns provided.



**How often?** At your leisure. No time restrictions.

**Location**: Your home

### Contact: Online contact form: <https://cherishedgowns.org.uk/> Cherished Gowns UK, 2-8 Worthington Street, Dover, Kent, CT17 9AD, 01304 201154

Post Pals

**Volunteering role: Letter writing**  
**Info:** A card or letter can give a poorly child a much-needed lift. Post from anywhere no matter how old/young.

**How often?** One off, or regular.



**When?**: Up to you.

**Location**: Home

**Contact:** Find pals with c/o address on the website <https://www.postpals.co.uk/>

Knitted Knockers

**Volunteering role**: **Knit / crochet breast prothesis**

**Info**: A UK charity that knit and crochet breast prostheses for women that have undergone a mastectomy or lumpectomy, providing a lightweight, cotton alternative to silicon breast prosthesis that takes the form of a real breast and is soft against the skin and is breathable. Each Knocker is **Made with love and filled with hope**.

**How often?** At your leisure. No time restrictions.



**Location**: Home

**Contact:** <https://www.knittedknockers.org/>

PO Box 779, SOUTHPORT, PR8 9QJ to find out more

Love Quilts UK

**Volunteering role: Knit a square**

**Info:** Cross stitch squares for British children under the age of 19 years, who have life threatening or life-long illnesses. The squares are then made into beautiful quilts which are given to the children with no cost to their families. We are always happy to accept new ‘stitchers’ and quilters!



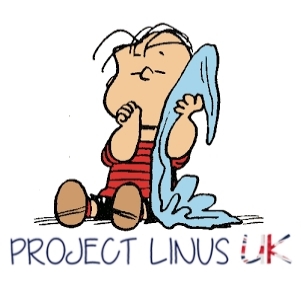
**How often?** One off or regular

**When?** Up to you

**Location:** Home

**Contact/more info:** [contact@lovequiltsuk.com](mailto:contact@lovequiltsuk.com) <http://www.lovequiltsuk.com/>   
Katherine Pocklington, 90 Mill Drove, Bourne, Lincolnshire, PE10 9BZ

Project Linus UK



**Volunteering role: Knit a blanket**

**Info:** Provide a sense of security and comfort to sick and traumatised babies, children and teenagers by making a patchwork quilt and/or knitted blanket.

**How often?** One off or regular

**When?** Up to you

**Location:** Home

**Contact/more info:** <http://projectlinusuk.org.uk>

Sands

**Volunteering role: Knit/crochet a blanket**

**Info:** Sadly, demand for our Always Loved, Never Forgotten Memory Boxes remains constant and our stock of hand-knitted or crochet blankets need to be maintained. These blankets are a very special part of the box and we have been told how much comfort they bring to parents after the death of a baby. The pattern is very simple as can be knitted with or without the lace edging.

**How often?** One off or more

**When?** Up to you

**Location:** Home



**Contact:** For further information or to be emailed/posted a copy of the patterns please contact Julie on 08081643332 or [shop@sands.org.uk](mailto:shop@sands.org.uk).

Big Seaweed Search

**Volunteering role: Identify and record seaweed**

**Info:** An outdoor role. Everyone can take part in this citizens science project. It happens all year round at any UK seashore. If you’re keen to make a real difference for lonely and isolated older people.

**How often:** One off or regular



**Location:** Any UK seashore

**When?** Any time. It takes an hour.

**Contact/more info on this and other citizens science projects:** <https://www.nhm.ac.uk/take-part/citizen-science.html>

Woodland Trust

**Volunteering role: Ancient tree Inventory mapping**

**Info:** Help protect our valuable tree heritage. Let us know if you see any ancient or old trees and put them on the map. There are already 160,000 trees listed but there are thousands more to add. We need your help to find them. 1. Find and plot the location of the tree. 2. Enter basic information about the tree such as species, girth size and access. 3. Your tree record will automatically be sent for checking and approval by one of our verifiers. Computer needed.



**How often:** One off or regular

**Location:** Any ancient tree

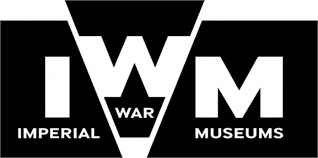
**When?** Any time.

**Contact/more info:** <https://ati.woodlandtrust.org.uk/>

Imperial War Museum

**Volunteering role: Various**

**Info:** A flexible contribution from anywhere. Ideal for those who are less able to volunteer in person but wish to make a valuable contribution to IWM from their home or mobile device.



**How often:** One off or regular

**Location:** Wherever you have an internet connection

**When?** Whenever you’re ready

**Contact/more info:** <https://www.iwm.org.uk/volunteer/hours>